

# Leo R. Croce Elementary School

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Livermore Valley Joint Unified School District

[www.croce.schoolloop.com](http://www.croce.schoolloop.com)



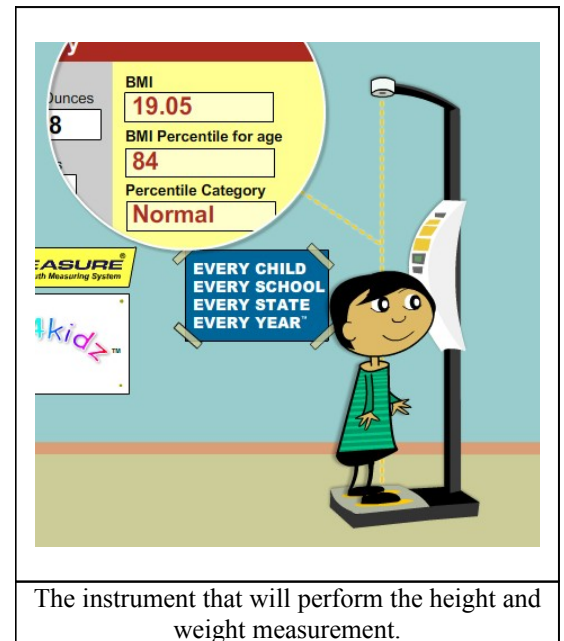
Dear Parents,

We have some exciting news to share with you! Based on a grant application submitted by Leo R. Croce Elementary School, we have been selected to participate in a 3 year, 1.3 million dollar, Carol White Physical Education, U.S. Department of Education grant managed by the Alameda County Office of Education. This grant will help us procure additional P.E. equipment, provide standards-based, professional development for our teachers, sponsor healthy family nights, and best of all, help us increase the health and well-being of your child.

In order to track our progress, we will establish your child's baseline nutrition habits and physical activity levels. After establishing this data, we will be increasing the number of minutes that your child participates in physical activity during the school day. The next step in this process is to obtain a confidential measurement of your child's Body Mass Index. Body Mass Index is calculated using the ratio of your child's height and weight and is the measurement of choice for physicians and researchers studying children's health. The measurement and all information derived from it, are strictly confidential and will be used for the sole purpose of evaluating the effectiveness of the program. We will be sending home the results of your child's BMI Test in a sealed envelope so you will be able to see where they fall on the Center for Disease Control growth chart.

**If for any reason you DO NOT want your child to participate in this opportunity, please sign and return this form to the office by:**

**February 26, 2010**



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Please excuse my child from the measurement portion of the Carol White Physical Education Grant

Print Clearly:

Student's Name: \_\_\_\_\_

Parent's Name(s): \_\_\_\_\_

Teacher's Name: \_\_\_\_\_

Grade Level: \_\_\_\_\_